

Aketon - lightly padded jacket to absorb force from impacts. It has cords attached which are used to fasten on the rest of the armour

Shift - A loose fitting shirt

Bodies - A boned bodice to provide chest support, usually worn by women.

Hose - Garments to cover the legs. Each leg is separate, and held up by being tied to a belt



Maille Skirt - protects the groin, as well as preventing the ties between the aketon and the leg armour from being cut

Cuisse - Protects the thighs. Ties onto the aketon

Greaves - Protects the shins



Rerebrace - Protects the upper arm. Attches to the aketon

Vambrace - Protects the forearm

Breastplate and Backplate - Covers the torso.

Faulds - Protects the waist and upper thighs



Arming Cap - Padded cap to cushion the head inside the helmet

Pauldron - Protects the shoulder, covers the gap between the rerebrace and breastplate.





Wrapper - Single plate that covers the opening at the front of the armet. It is fastened around the head with a strap. Also extends over the upper torso to cover the gap between the armet and the breastplate.



Armet - Helmet composed of four pieces: a skullplate, two cheekplates and a visor. The skullplate fits closely around the head, requiring the cheekplates to be opened to put on or remove the helmet. The Visor can be pivoted to give more visibility at the expense of protection if required.

Dressing a 15th Century Knight

