School of Sport and Health Sciences Practice Learning Newsletter – Edition 5: Winter 2022



Welcome to the winter edition of the School of Sport and Health Sciences Practice Learning Newsletter. My name is Channine Clarke and as the Head of Practice Learning and Development for the School and I hope you find these newsletters useful in providing updates about our courses, staff changes and innovations happening in relation to practice learning.



Please do contact me if you would like to arrange time to meet me or if I can offer any support at all to you or your teams in enhancing practice learning: c.clarke@brighton.ac.uk

I thank you all sincerely for all your hard work and commitment to supporting our students in practice learning.

We hope you manage to have a break at some point over Christmas and New Year.

Contents

| School of Sport and Health Sciences Practice Learning Newsletter – Edition 5: Winter 2022 | 1 |
|---|----|
| School of Sport and Health Sciences News | 2 |
| Practice Educator Awards 2022 | 2 |
| Sport and Physical Activity placements | 3 |
| Practice Learning Edublog | 3 |
| Bridging the Gap to Leadership | 3 |
| MDT Podcasts | 4 |
| New Principles of Practice Based learning | 5 |
| New Health Education England resources | 5 |
| News from the teams | 6 |
| Contacts | 10 |

School of Sport and Health Sciences News

We are pleased to introduce Alan Richardson who has taken over the role of Associate Dean for Academic Operations from Maria Birch who has moved to Canterbury Christ Church University.



My name is Alan Richardson and I am the Associate Dean for Academic Operations in the School of Sport and Health Sciences. My background is largely as an exercise physiologist, with my research and teaching spanning various content across sport and health. My current role in the school oversees academic spaces and facilities, marketing and recruitment, new curriculum development and external partnerships. As a school, one of our key priorities is to develop opportunities for partnerships and student placements. We now have compulsory module placements on every one of our undergraduate courses within the school across the spectrum of health and sport. We would love to hear from anyone that is interested in developing such opportunities and working with us.

Practice Educator Awards 2022

It was lovely to be able to present our 2022 Educator Awards in the summer. Well done to all those that were nominated- it was fantastic to read all the nominations and to hear how inspired the students were about their placements and educators. Thank you!



The Winners were:

Extra Mile: Courtney Vint (Occupational Therapist, Sussex Partnership NHS Foundation Trust)

Most Inclusive Person: Jo Southall (Occupational Therapist, Independent Practice)

Team of the Year: Rye Rehabilitation Team (East Sussex Hospitals NHS Trust)

Facilitator of the Year: Ben Coffey (Surrey Physio)

Congratulations to you all.

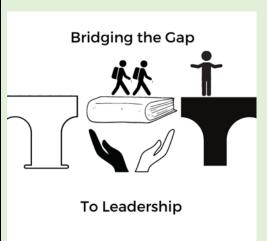
Practice Learning Edublog



Please do regularly visit the School Edublog site as this provides lots of really useful and important information about supporting students, educator courses, placement dates, new models of practice learning, resources to support Black, Asian and Minority Ethnic students, top tips for educators. The site is being updated regularly and we are working on areas that have yet to be completed. If you have resources that you are willing to share please do send them me c.clarke@brighton.ac.uk and I will upload them. Feel free to download posters and resources and to share in your departments.

About Us | University of Brighton Supporting Health and Sport Students in Practice

Within this site, when you click on Nursing, Midwifery or Return to Practice Courses, it takes you to a Nursing/NMC specific Edublog site <u>About | Supporting Learners in Practice (brighton.ac.uk)</u> with additional detailed guidance relating to the standards and assessment documentation, which Theresa Corkill (Practice Learning Lead for Nursing) manages, any feedback or additional resources please send to Theresa: <u>T.K.Corkill@brighton.ac.uk</u>



Bridging the Gap to Leadership

This placement, in collaboration with Canterbury Christ Church University, offers a leadership experience, primarily to Black, Asian, Mixed Heritage and Minority Ethnic students. We have had 30 students undertake the placement and they have been leading the development of resources for educators to help tackle the discrimination, racism and microaggressions that they often experience on placement.

Please take the time to read about the project here: https://mygovcentral.com/enhancing-theexperiences-of-black-asian-mixed-heritage-andminoritised-ethnic-students-in-higher-education/

These resources (inc posters, videos, webinars, aniations) can be found here and we encourage you to share with your teams: Resources for educators | University of Brighton Supporting Health and Sport Students in Practice

The latest resources that we would like you to access and share with your teams are:

A video on supporting students with English as their second language: (105) Supporting students who have English as a second language - YouTube

A prezzie video that provides information about religious festivals and how to support students who may want to celebrate these whilst on placement: <u>Supporting students and religious festivals during practice learning - YouTube</u>

The team were also shotlisted for an HE Innovate Award this December.

MDT Podcasts

The MDTea podcast is now on his 12th series. It is an amazing resource and we would love for people to have a listen, share with your colleagues and students and spread the word.

Our most recent series focussed on our colleagues working in the community which has really flagged the ongoing great practice that happens in the community. http://thehearingaidpodcasts.org.uk/series12home/



We are always keen to hear from colleagues in practice on what you have liked and what you would like us to concentrate on, please follow us on @MDTea_podcast or email S.J.Ryan@brighton.ac.uk.

New Principles of Practice Based learning

The Royal College of Occupational Therapists and the Chartered Society of Physiotherapy have cocreated a set of 7 principles to ensure good quality practice education. Please review these here and they contain links to useful tools and reflective questions for you and your teams to consider: Principles of practice-based learning | The Chartered Society of Physiotherapy (csp.org.uk)



In collaboration with:



Principles of practice-based learning: working together to develop our future workforce

- Practice-based learning opportunities are co-produced
- 2. Practice-based learning takes place across all areas, pillars and levels of practice
- 3. Practice-based learning environments must be inclusive and welcoming to all
- Practice-based learning uses flexible, appropriate and supportive models of supervision and delivery
- 5. Practice-based learning is designed with a whole team approach
- 6. The practice education team are valued, respected and recognised within their roles
- Practice-based learning is evaluated; capturing data to drive improvement and demonstrate impact #CSP_RCOT_PBL

New Health Education England resources



The free AHP Practice Educator e-learning programme is now available on the Learning Hub https://learninghub.nhs.uk/catalogue/ahppracticeeducatortraining. The programme consists of three modules and is suitable for registered and non-registered staff who support students and other learners. It is intended to be 'in addition to' training already offered by organisations and local HEIs, and we will be exploring how this can help enhance the AHP educator courses we offer here at the University of Brighton. This programme was developed within the South East with input from a wide variety of stakeholders including students, educators, HEIs and clinicians. We will update you early in 2023 about planned changes to our educator courses.

HEE have also published a new resource to help raise awareness and provide guidance for educators to more effectively support neurodivergent students with their practice-based learning AHP - Website Content - Guide to Practice-Based Learning (PBL) for Neurodivergent Students.pdf - All Documents (sharepoint.com)

News from the teams

Occupational Therapy

A big thank you to all educators who have provided practice placements to our students this side of the calendar year. We are grateful for all your ongoing support. As a result, we now have enough practice offers for our BSc beginning practice (OT402) and BSc diverse (OT505) long arm educators.

There will be some changes to our practice educator training workshops dates in the new calendar year mainly with the Day 2 training dates (from a Wednesday to Tuesday in April and May 2023). We are also offering additional update/refresher and diverse training sessions. **Please note the new changes to dates in our OT Educator Course Calendar.**

It is timely to recommend a read of this recent editorial in the BJOT:

The time is now to upscale all placements to a minimum of two students - Anita Volkert, Katrina Bannigan, 2022 (sagepub.com)

Thank you again for all your ongoing support to our students and us.

With our warmest wishes for a lovely and restful holiday season, however you celebrate.

The occupational therapy placement team: Audrey, Tara and Sara

Midwifery

Midwifery Placements is led by Lecturer Kristie Fisher. Currently there is a HEE NETS survey out for students to have the opportunity to feedback re their Midwifery placement experiences in the NHS. It will close on the 30th of November for their completion.

We have a new course leader Stephanie Stevens, who joined us recently in November. We all look forward to working alongside Steph, and support placements on-going, for the students together.

My first couple of weeks as course leader for midwifery has been busy. Feedback from last years National Education and Training Survey showed high numbers of student midwives indicating they do not intend to stay in the profession. In response to this, myself and our Lead Midwife for Education Jo Gould have been supporting HEE in leading focus groups which our midwifery students have been engaging with. We will liaise further with HEE once the responses are in. On a more positive note, we have just had a very successful two weeks working with our third-year midwifery and paramedic students, taking part in interprofessional learning at our simulation flat. The feedback from both groups of students was fantastic and demonstrated the student's enthusiasm and knowledge of their professions.

Paramedics

Wishing all of our placement educators, coordinators and facilitators a cosy autumnal greeting! As always, thank you for all of your time and effort to support the paramedic students already. We are at the beginning of our academic year, with the largest cohort of paramedic students we've had at the University of Brighton. The increase in numbers has not been without its issues for our course, but it is your ongoing support that makes it possible for us to facilitate our expansion and give a true depth of learning to our students. We have been lucky enough to expand some of our placement opportunities this year, with our first years benefiting from a unique simulated placement at Falmer campus later this month. Our third-year students are also looking forward to making the most of their increased primary care opportunities come January 2023. We are

always looking to create new learning opportunities for our budding pre-hospital clinicians so if you have any further ideas or opportunities for placements – please do get in touch! Thanks again and very best wishes,

Podiatry

Jess

Sending warm wishes during this festive period to all our practice placement providers. Your efforts have not gone unnoticed. We have had resounding positive feedback from the students from their September placements and they are keen to continue working with you during their second block, January 23rd to February 10th, 2023.

As we look to welcome a happy and prosperous new year, the university will be entering an era of transition. The implementation of our new placement model is scheduled to commence in September 2023. We appreciate your unwavering support throughout the years and are here to support you during this period of change. As such, the next educator training day event will be held 19th January 2023 from 10:00 to 15:30. We advise that new educators attend the full event, but experienced educators would have a meaningful experience by attending the first half of the day, when updates will be discussed. However, experienced educators are welcomed to stay the full day. If you or any of your team members are interested, kindly send your name and email address to podiatry-placements@brighton.ac.uk, and indicate whether you are attending the full event or morning only.

Finally, thank you for your correspondence regarding your availability to host summer placement 19th June to 14th July 2023. Allocations for these placements will be shared in February and we will be asking for academic year 2023-24 availability in January 2023.

As always, thank you for your continued support and please feel free to contact us if there are any queries at podiatry-placements@brighton.ac.uk.

Physiotherapy

As it continues to be a challenging time in practice, we can't THANK each one of you enough for your ongoing support. We continue to develop new placement sites and areas of practice, and please don't hesitate to contact us if you have any ideas you would like to explore. Its been an exciting time seeing more and more leadership, research and diverse opportunities open up for our students.

We continue to run our practice educator sessions online and our next dates for new educators are 23rd January 9-1pm and 25th April 9-1pm on teams. Experienced educators can come along for an update on the 9th May 2023 9-12noon. Please contact <u>physiotherapy-placements@brighton.ac.uk</u> to sign up. We do focus on the Common Placement assessment form (CPAF) <u>Common Placement Assessment Form (CPAF)</u> <u>The Chartered Society of Physiotherapy (csp.org.uk)</u> in both sessions. Please don't forget all the great resources the CSP have on their website around supporting students in practice and using the CPAF.

The CSP is currently updating their resources around supporting students and colleagues with disabilities in practice, they are asking for case studies to support this resource. Please do think about contributing. https://www.csp.org.uk/networks/students/send-us-your-case-studies-about-supporting-students-disabilities. Our current leadership students' projects have focused on the students with caring responsibilities, students with disabilities and the use of learning support plans and how the cost of living is impacting currently on our student groups. They have updated the student passport as a result, and we look forward to sharing their resources with you all.

Happy holidays to everyone and here's to a happier, healthier, and kinder 2023.



Foundation Degree Health and Social Care

Thank you as always for supporting the FDSC apprentices during their course and to all of our partners who provide external placements for Trainee Nursing Associates. We are working closely with our partners to book placement allocations further in advance and this is a developing area of work which will make a positive difference to the smooth allocation of placements going forward. The February 2021 cohort have completed their 4 placements and are approaching the completion of their course in the New year. September 2022 will start their first external placement at the end of January 2023 and they will be excited by their first venture into other services.

We continue to receive student placement evaluations which reflect the hard work and commitment the practice supervisors, practice assessors and teams demonstrate towards our apprentices. Our thanks are extended to everyone, often going the extra mile to support the apprentices and make their placement allocation a worthwhile and memorable experience.

Thank you as always to Kirsty Dunhill K.I.Dunhill@brighton.ac.uk for planning and sharing the placement allocations with students and the placement areas.

Wishing you all a wonderful winter break.

Nursing

As always can I start by thanking each and every placement provider, this has been a long term and all our students have been out in placement at some point.

We fully recruited Sept 22 cohort and most of these students are currently out on placement already, much sooner in the year to try and relieve placement pressures in January.

Despite the challenges, all our students are reporting great successes in their PAD and feeling well supported. Thank you.

We are continuing to offer an alternative placement opportunity for nursing students the Quality Assurance in Practice Learning (QAPL) placement experience. This placement is mainly conducted on line. It enables participating students to undertake a range of diverse quality assurance projects both in groups and individually which are designed to enhance patient care, nurse

education delivery and student knowledge base pertaining to quality assurance within health care. Participating students also undertake placement education audits, collaborating with placement educators/staff.

QAPL students have also assisted in development of existing module content, devising practice-based scenarios, assisting start-up of Schwartz rounds, and worked multi professionally with Occupational Therapy and Physiotherapy students.

QAPL has been extremely well evaluated by participating students, and is seen as a valuable, contemporary and progressive placement opportunity. It would be great to include more projects in practice or if you in practice have any research or quality projects that you could offer to students.

International Placements

Following a long interval due to lockdown and travel restrictions, we are pleased to announce that international placement opportunities are being recommenced.

Students can undertake international placements in year 2 placements 1/2, or year 3 placement 1. On offer, there are short observational placements of 2-4 weeks duration or long interactive placements lasting for a complete allocation. A range of destinations are offered. For more information contact Paula Deamer P.J.Deamer@brighton.ac.uk

International placements are arranged as part of a partnership agreement with participating countries, and as a result the school hosts incoming students who undertake placements in local hospital trusts. To assist and support incoming students we would like recruit students to act as 'buddy', if you are interested in undertaking this role contact Paula

Thank you all again, and please do thank all your teams.

Take care

Theresa

Return to Practice

Return to practice is going from strength to strength since validating with the NMC to keep our RTP online, we are now receiving applicants from across the country which is very exciting. We are now asking all applicants to come with their placements organised, so you may have more enquiries for placements from applicants rather than a call from the RTP team.

If a member of your team has a lapsed nursing registration, please do consider our RTP programme. You can visit our website or book a team's call with Gloria to discuss the programme, just email RTPNursing@brighton.ac.uk and we will get back to you.

I am sure you are aware that the NMC updated the *Standards of proficiency for Specialist Community Public Health Nurses (NMC 2022)*. This means that our RTP SCPHN route needs to reflect these updated standards, and course will be scrutinised by the NMC. I have sent the updated documents to our practice colleagues who provide SCPHN placements, if you have not received this information and would like to know more, please do email RTPNursing@brighton.ac.uk and we can get the information to you.

Thank you for all the support you give to our students, wishing you happy holidays from the RTP team.

Diagnostic Radiography

We were delighted to welcome our first cohort in September and are now nearing the end of the first Semester of the Degree and Apprenticeship course. Brighton rocks! | SoR We had a very successful Placement Workshop Day at the University. There were talks about 'Confident Communication on Placement', Sign Language, a visit from a Practice Educator and a last chance to use the x-ray suite. The students and apprentices are out on their 1st 2-week placement block. We are looking forward to seeing them next week and hearing about their experiences on placement. Sara has been receiving feedback from both Practice Educators and students about the Pebblepad. It is clear that the sessions that ran before placement need to be expanded upon and Sara will be running a session before Christmas so that hopefully the usage of Pebblepad will go more smoothly. Date for the next Practice Educator training is Thursday 9th Feb 2023. Times to be confirmed.

The team wish you all a very happy Christmas. Sara, Charlene, Peter and Georgia.

Sport and Physical Activity

The School of Sport and Health Sciences create lots of opportunity for collaborative and interprofessional working between the Sport and Physical Activity and Health Students. We would really like to be able to expand the practice learning experiences for the sport and physical activity students who would value opportunities to undertake placements in health and social care settings.

We have students undertaking courses in a range of courses e.g. Sports Coaching, Strength and Conditioning, Sport and Exercise, Sport and Fitness, Nutrition, and Exercise, Health and Rehabilitation. We have already linked with some sites e.g. the long Covid clinics but if you are interested in finding out more about how these students could enhance your services please contact Channine (c.clarke@brighton.ac.uk) or Julie Birkill (jg16@brighton.ac.uk)

We would love to hear from you.

Contacts

| Practice learning leader | course | contact |
|--------------------------|---|------------------------------|
| Theresa Corkill | NMC courses | T.K.Corkill@brighton.ac.uk |
| Sarah-Jane Ryan | Physiotherapy and supporting AHP developments | S.J.Ryan@brighton.ac.uk |
| Cindy Gaimster | Physiotherapy | C.Gaimster@brighton.ac.uk |
| Tiffany Blackburn | Physiotherapy | T.C.Blackburn@brighton.ac.uk |
| Audrey Yong | Occupational Therapy | A.Yong@brighton.ac.uk |
| Tara Sims | Occupational Therapy | T.Sims@brighton.ac.uk |

| Dao Tunprasert | Podiatry | T.Tunprasert2@brighton.ac.uk |
|------------------|-----------------------------|------------------------------|
| Amor Forde | Podiatry | A.Forde@brighton.ac.uk |
| Jess Rimmer | Paramedics | J.E.Rimmer@brighton.ac.uk |
| Kristie Fisher | Midwifery | K.L.Fisher@brighton.ac.uk |
| Wendy McCarthy | Foundation Degree (TNA's) | W.Mccarthy2@brighton.ac.uk |
| Gloria Whittaker | Return to Practice | G.Whittaker@brighton.ac.uk |
| Sara Savidge | Diagnostic Radiography | S.Savidge @brighton.ac.uk |
| Jim Wallis | Sport and Physical Activity | J.Wallis@brighton.ac.uk |
| Marc Keech | Sport and Physical Activity | M.Keech@brighon.ac.uk |

Best wishes.

Channine

c.clarke@brighton.ac.uk