



University of Brighton

School of Sport and
Health Sciences

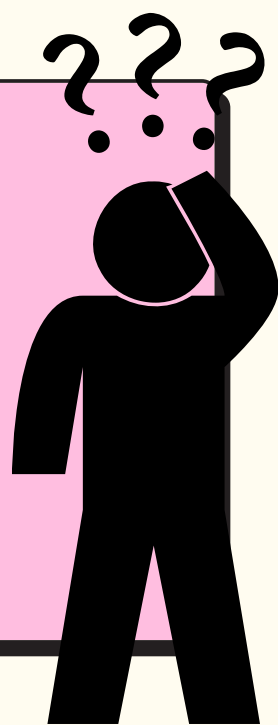
HOW TO SUPPORT

YOUR STUDENT USING SUPERVISION



Time for answering questions

Allow for time during supervision to answer any questions the student may have from the previous week (this may be a lot!)



ALLOWING TIME FOR PERSONAL REFLECTION

Allow time during supervision to reflect on events from the previous week, possibly choosing a specific activity or event to dissect and discuss, and allow time for the students personal reflection on how they feel they are getting on.

"I learnt a lot reflecting on what had happened in the week."

CSP (2020) Supervision models. Available at: <https://www.csp.org.uk/professional-clinical/practice-based-learning/supervision-models> (accessed: 4 June 2021).

College of Occupational Therapists (2015) Supervision: Guidance for occupational therapists and their managers. London: College of Occupational Therapists Ltd.

NMC (2018) Realising professionalism: Standards for education and training, Part 2: Standards for student supervision and assessment. Available at: <https://www.nmc.org.uk/globalassets/sitedocuments/standards-of-proficiency/standards-for-student-supervision-and-assessment/student-supervision-assessment.pdf> (accessed 4 June 2021)

Discuss any concerns

Use supervision time to discuss any concerns you may have and give positive feedback from an activity/event during the week. Also give the student areas for improvement to enable them to meet their learning aims.

"I think having a supervisor give their own summary of the week in supervision is also helpful – providing positive feedback and highlighting areas for improvement."

Set a time in the diary

Ensure there is a set time for supervision to happen each week. Students are aware this may need to be adjusted but try not to cancel the session.



USING THE SUPPORTING DOCUMENTS

During supervision discuss the student's progress with their negotiated learning agreement and use the supervision log to keep track of the discussions each week.

**"it was very helpful to have
and use the negotiated learning agreemer**

In addition to weekly, formal supervision, informal supervision can take place in a variety of ways:

- pre and post assessment check ins
- observation
- treatment planning together
- long- arm telephone supervision
- checking notes
- shared supervision with other staff members

