



75% of students said that self-reflection was an important part of their placement.

BY PROVIDING OPPORTUNITIES TO UNDERSTAND THE STUDENTS LEARNING STYLE AND ENABLE AN INCREASE IN THEIR CONFIDENCE HELPED MAKE STUDENTS FEEL SUPPORTED ON PLACEMENT.



Allow time during supervision to reflect on events from the previous week and for the students personal reflection.



Educator Top Tips

REFLECTION TOOLS

Gibbs Reflective Cycle

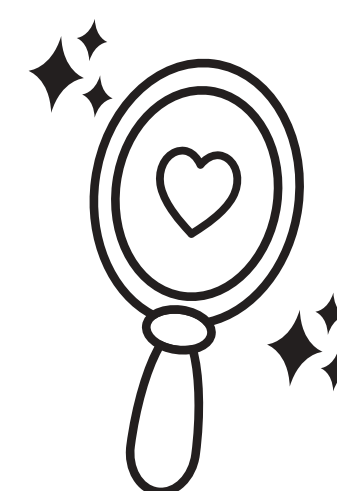
Driscoll's What Model

Kolb's Experiential
Learning Cycle

Daily reflective journal

"I really appreciated the time to reflect and discuss any concerns I had."

SELF-REFLECTION



Self-reflection enables open and honest conversation which allows for better problem solving.

"REFLECTION WAS A LARGE PART OF MY LEARNING EXPERIENCE. MY EDUCATOR ENSURED I HAD TIME TO REFLECT AND ENCOURAGED ME TO DO SO. WE WOULD THEN DISCUSS THIS IN SUPERVISION AND IT ALLOWED FOR POSITIVE APPRAISAL AS WELL AS LEARNING NEEDS DEVELOPMENT".

Research shows that self-reflection allows for deeper thinking. While feedback is really important for students, self-reflection allows for understanding of personal goals, development needs and analysis of an event/the outcomes of that event.