



Why do we listen to music?

1 to make us...  
e.g.

2 to help us to...  
e.g.

3 to intensify...  
e.g.

- 4 LISTENING & SPEAKING**
- a (33) Listen to some short pieces of music. How do they make you feel? Would you like to carry on listening?
- b (34) Listen to John Sloboda, a music psychologist, talking about why we listen to music. Try to complete the notes below by writing key words or phrases. Then with a partner, try to remember as much as you can of what he said.

- c (35) Now listen to John explaining how music can affect the way we feel. Complete the notes below by giving examples. Then compare with a partner and try to remember what he said.

How does music affect our emotions?

1 happiness  
2  
3  
Three important human emotions

How we feel affects the way we speak, e.g.  
1 happy - speak faster / higher  
2  
3

Music copies this, e.g.  
1 fast / high music makes us happy  
2  
3

Examples (pieces of music)  
Music that makes us feel

1 happy, e.g.

2 angry, e.g.

3 sad, e.g.

This is especially exploited in...



- d Talk to a partner. Ask for more details where possible.

- 1 On a typical day, when and where do you listen to music?
- 2 Do you listen to different kinds of music at different times of day?
- 3 What music would you play...?

- if you were feeling sad and you wanted to feel more cheerful
- if you were feeling down and you wanted to feel even worse
- if you were feeling furious about something or somebody
- if you were feeling stressed or nervous about something and wanted to calm down
- if you wanted to create a romantic atmosphere for a special dinner
- if you were feeling excited and were getting ready to go out for the evening
- if you were falling in love

- you'll never forget seeing for the first time
- you sometimes forget to do before you leave the house in the mornings
- you remember doing when you were under five years old
- you must remember to do today or this week
- needs doing in your house / flat (e.g. the kitchen ceiling needs repainting)
- you need to do this evening
- you tried to learn but couldn't
- you have tried doing when you can't sleep at night.

**6 (39) SONG Sing**

- a Look at some extracts from the listening. Put the verbs in brackets in the infinitive (with or without *to*) or the gerund (-ing form).
- 1 Firstly, we listen to music to make us \_\_\_\_\_ important moments in the past. (**remember**)
  - 2 When we hear a certain piece of music we remember \_\_\_\_\_ it for the first time... (**hear**)
  - 3 If we want \_\_\_\_\_ from one activity to another, we often use music to help us \_\_\_\_\_ the change. (**go, make**)
- b (36) Listen and check.
- c Look at two sentences with the verb *remember*. Which one is about remembering the past? Which one is about remembering something for the future?
- 1 I remember meeting him for the first time.
  - 2 Please remember to meet him at the station.
- d (p.142 Grammar Bank 6A. Find out more about gerunds and infinitives, and practise them.
- e Tell your partner one thing that...

