## Masters courses in the School of Health Sciences

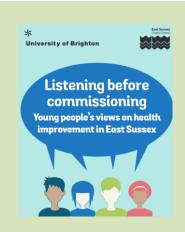
# **MSc Health Promotion**

Four pathways leading to MSc Health Promotion, MSc Health Promotion & Management MSc International Health Promotion, MSc Health Promotion & Education.



#### Research Areas

- HIV
- **LGBT**
- Young Persons Health
- Nutrition and Physical Activity
- Obesity Prevention
- Alcohol
- Diabetes and chronic disease self management
- Infant feeding and breastfeeding
- Inequalities and social determinants of health
- Formative development of resources
- Resilience
- Settings and whole systems approaches



### **Topics of Recent Health Promotion dissertations**

- What do young people aged 16-18 in further education think about healthy eating, and what does this mean for health promotion?
- Exploring students' decision making within supermarket 'lunchtime meal deals
- An exploration of yoga as an effective and feasible mental health promotion intervention for adults: a literature review
- Postitive Psychology as a means to improve wellbeing of young people in schools: A critical interprettive synthesis
- Post-stroke community patients experiences of a Secondary Stroke Prevention (SSP) Package and their views on how it could be improved?' a work based formative evaluation.
- Exploring the issue of obesity amongst married Saudi Arabian women in Taif city, through a socio-ecological framework



#### **Destinations of recent students**

- Local Public Health commissioning Team
- Local public or environmental health project teams
- Student or college health and welfare
- NGO project implementers or coordinators
- Setting up innovative community projects, eg urban gardens
- Returning to existing health roles, but with increased focus or scope to initiate health promotion projects within their role
- Sexual health and/or young persons health and welfare

For more information or to apply, see: www.brighton.ac.uk/hss/courses healthpromotionbrighton blog

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