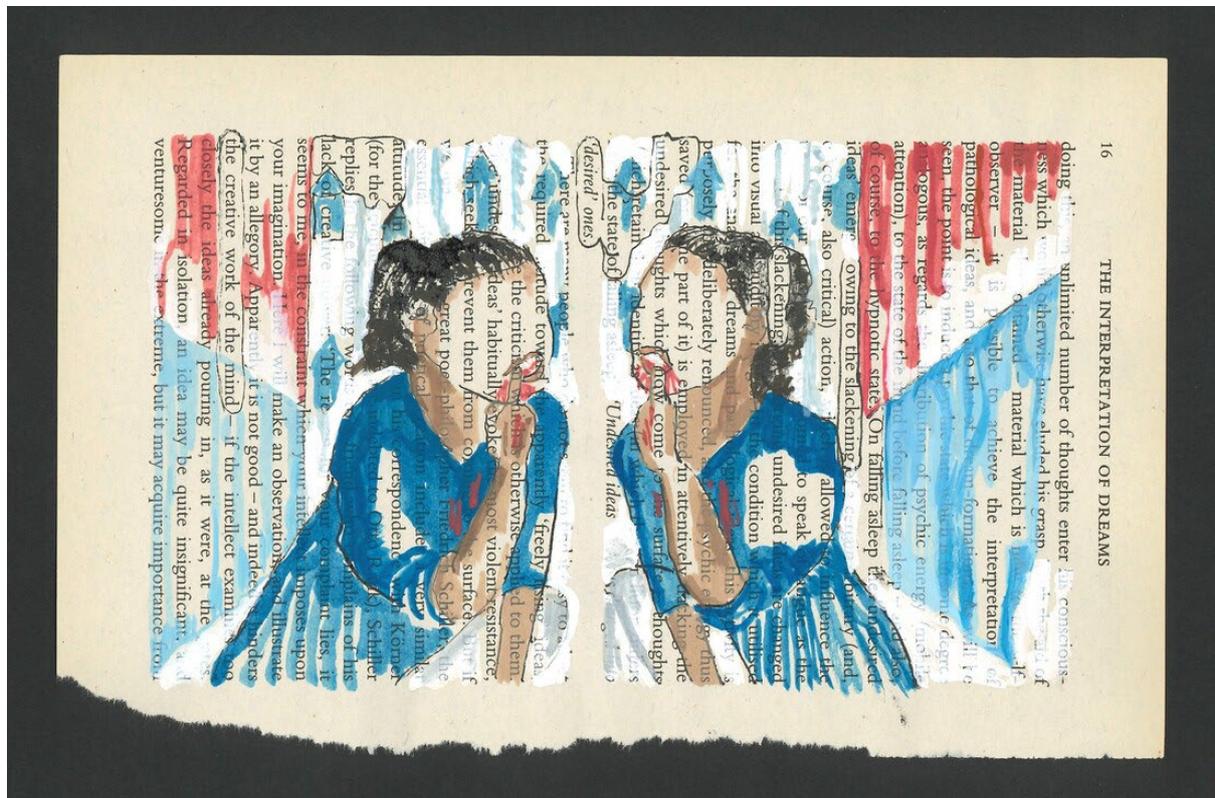


Dream of looking in a mirror and two teeth falling out, told at the Everyday Creativity Conference, University of Brighton, 13th June 2022.



I am in the bathroom of my family home in India, looking at myself in the large mirror. Two of my teeth, one is an implant, start to shake and then fall out. The blood stains the blue dress that I am wearing. I panic and the room starts to have a tinge of black and red. I tell myself that it is just a dream, and close my eyes and spin, but I can't wake up. I am then in the bathroom of where I live in the UK, it has a white shower curtain with blue houses on. I look in the small bathroom mirror. I realise that it is not a dream. I am in pain and try to phone the hospital for a dentist, but realise that I cannot get one.

In the discussion the dream-sharer told us how this dream, or nightmare, occurs when she is stressed, and that it refers to a childhood accident.

Julia chose the page for painting on as it had two equal-sized paragraphs and a white space between them, which she used to depict the mirror and the real and reflected spaces either side of it.

There are found words or phrases on the painting.

In reference to the shaking of the teeth as they fall out:

*owing to the slackening
slackening*

And, in reference to the whole dream:

*allowed to speak
undesired condition*

On the right-hand side of the mirror the index finger wiggling the tooth:
now come

And the following emergent found poetry.

On the left-hand side of the mirror the index finger wiggling the tooth and down
the arm:

*evoke
which is otherwise
freely
violent resistance,
surface.*

From which Julia created the poem about losing the teeth:

*Now come!
Evoke the surface freely,
which is otherwise
violent resistance.*

And above the head, in the shower curtain, on the right-hand side of the mirror:

*undesired
retain
the state of
'desired' ones.*

From which Julia create the Haiku about the lost teeth:

*The undesired
retain the state of being
the 'desired' ones.*