**COPOTDS**

**Community of Practice for Occupational Therapists in Diverse Settings**

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| Your job title and email contact if happy to share: |
| Mental Health Coordinator  |
| The type of organisation you work for (eg: social enterprise, charity, NHS, Private company, Local government etc) |
| Higher Education  |
| Your area of practice (eg: mental health, learning disabilities, social engagement young offenders, supporting the unemployed etc) |
| Supporting students with MH diagnosis- mostly Equality Act related work and crisis management  |
| Examples of assessments that you use? |
| No Specific OT assessments.  |
| Do you find a model(s) of practice useful - if so can you provide examples? |
| I do use PEO models to inform my work |
| Please provide some examples of the type of interventions you carry out: |
| Reasonable adjustments in place e.g. special exam arrangements. Also do a lot of SMART goal setting  |
| Do you use specific outcome measures? Please provide examples |
| I use CORE- OMWarwick and Edinburgh Well-being scale.  |
| Have you found relevant research to underpin your practice? Are there areas of research you feel are necessary?  |
| Currently doing a pilot study on impact of exercise on MH and using lots of research but not OT specific.  |
| Is there particular legislation, policy, guidelines that underpin your practice? |
| Equality Act, MH Act. Lots of internal policies e.g. Fitness to Study.  |
| Which other professionals do you work with? How do you feel occupational therapy has benefited your team?  |
| Counsellors and the usual range of NHS professionals (Social workers, psychologist and other OT’s)  |
| Anything else that you would like to add: |
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